

# SHIN-ETSU TRAIL MULTI DAY HIKES

An adventure holiday combined with  
a unique cultural experience.

## Four awesome Hiking Experiences

- 3 Day Short Track w/1 days hiking
- 6 day Half Track w/3 days hiking
- 9 day Full Track w/6 days hiking
- Create your own Hike

Hiking season June through October

BOOK  
ONLINE OR  
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US







Spring and autumn are especially good times to visit the trail. In spring, the last traces of snow can be seen among new greenery and flowers bursting into bloom. In the fall, hikers can enjoy the brilliant colours of autumn leaves. In the fall, hikers can enjoy the brilliant colours of the autumn leaves. The trail is well sign posted and doesn't get over crowded with visitors.

Parts of the trail open Mid-May, with the whole trail open from end of June to the end of October

EASY ACCESS  
FROM TOKYO  
TO IIYAMA  
BY BULLET  
TRAIN

VILLA NOZAWA TATAMI ROOM SHARED BATHROOM FACILITIES	TWIN SHARE*	QUAD SHARE*	SINGLE* OWN ROOM	SINGLE* MIXED DORM	INCLUSIONS
Short Track - 2 nts / 3 days	¥33500	¥22000	¥56000	¥42000	Accommodation, Breakfast daily, Hike day Bento box, 1/2 day hike guide, Hike day round trip transfers, Nozawa Onsen-Iiyama Round trip transfers, Official Shin-Etsu Trail map
Half Track - 5 nts / 6 days	¥74000	¥54000	¥114000	¥81000	Accommodation, Breakfast daily, Welcome dinner, Hike day Bento box, One day hike guide, Hike day round trip transfers, Nozawa Onsen-Iiyama Round trip transfers, Official Shin-Etsu Trail map
Full Track - 8 nts / 9 days	¥99000	¥77000	¥145000	¥92000	Accommodation, Breakfast daily, Welcome Dinner, Hike days Bento box, One day hike guide, Hike day round trip transfers, Nozawa Onsen-Iiyama Round trip transfers, Official Shin-Etsu Trail map
VILLA NOZAWA TATAMI ROOM PRIVATE BATHROOM FACILITIES	TWIN SHARE*	QUAD SHARE*	SINGLE* OWN ROOM	SINGLE* MIXED DORM	INCLUSIONS
Short Track - 2 nts / 3 days	¥37500	¥28000	¥63000	-	Accommodation, Breakfast daily, Hike day Bento box, 1/2 day hike guide, Hike day round trip transfers, Nozawa Onsen-Iiyama Round trip transfers, Official Shin-Etsu Trail map
Half Track - 5 nts / 6 days	¥81000	¥57000	¥128000	-	Accommodation, Breakfast daily, Welcome dinner, Hike day Bento box, One day hike guide, Hike day round trip transfers, Nozawa Onsen-Iiyama Round trip transfers, Official Shin-Etsu Trail map
Full Track - 8 nts / 9 days	¥116000	¥85000	¥177000	-	Accommodation, Breakfast daily, Welcome Dinner, Hike days Bento box, One day hike guide, Hike day round trip transfers, Nozawa Onsen-Iiyama Round trip transfers, Official Shin-Etsu Trail map
CENTRAL 2 BEDROOM SELF-CONTAINED APARTMENTS	TWIN SHARE*	QUAD SHARE*	SINGLE* OWN ROOM	SINGLE* MIXED DORM	INCLUSIONS
Short Track - 2 nts / 3 days	¥53000	¥39000	¥93000	-	Self-Contained Accommodation with western style bedding & Facilities, Hike day Bento box, 1/2 day hike guide, Hike day round trip transfers, Nozawa Onsen-Iiyama Round trip transfers, Official Shin-Etsu Trail map
Half Track - 5 nts / 6 days	¥108000	¥72000	¥182000	-	Self-Contained Accommodation with western style bedding & Facilities, Welcome dinner, Hike day Bento box, One day hike guide, Hike day round trip transfers, Nozawa Onsen-Iiyama Round trip transfers, Official Shin-Etsu Trail map
Full Track - 8 nts / 9 days	¥175000	¥115000	¥295000	-	Self-Contained Accommodation with western style bedding & Facilities, Welcome Dinner, Hike days Bento box, One day hike guide, Hike day round trip transfers, Nozawa Onsen-Iiyama Round trip transfers, Official Shin-Etsu Trail map