

YOGA & MEDITATION RETREAT | Japan

NOZAWA ONSEN | THE JAPANESE NORTHERN ALPS

Cultural, Spiritual
a 100% unique experience

3 Nights
from
¥33500*

5 Nights
from
¥58000*

7 Nights
from
¥77000*

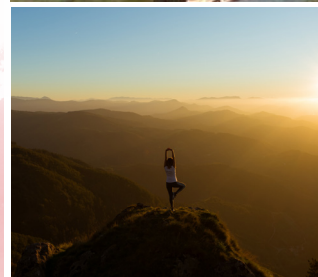
BOOK
ONLINE

nozawaholidays.com



INCLUDES

- Twin share accommodation
- Twice daily yoga and meditation
- Breakfast daily
- English speaking staff



6th July | 3rd August | 21 August | 29 August 2019

Welcome anytime within the above dates
and stay any length of time you like

PROPERTY VILLA NOZAWA	QUAD SHARE PER PERSON 3-4 PEOPLE	TWIN/DOUBLE PER PERSON	SINGLE OWN ROOM	SINGLE MIXED DORM ROOM	INCLUSIONS
SHARED BATHROOM FACILITIES 3 Nights / 4 Days	¥38500	¥43000	¥49000	¥35500	Includes breakfast daily, Yoga & meditation twice daily x 2 Traditional style Japanese Tatami rooms Shared facilities
5 Nights / 6 Days	¥63500	¥71000	¥81250	¥58000	Includes breakfast daily, Yoga & meditation twice daily x 4 Traditional style Japanese Tatami rooms Shared facilities
7 Nights / 8 Days	¥88000	¥99000	¥112000	¥77000	Includes breakfast daily, Yoga & meditation twice daily x 6 Traditional style Japanese Tatami rooms Shared facilities
PRIVATE BATHROOM FACILITIES 3 Nights / 4 Days	¥45750	¥47750	¥65250		Includes breakfast daily, Yoga & meditation twice daily x 2 Traditional style Japanese Tatami rooms Shared facilities
5 Nights / 6 Days	¥69000	¥77500	¥107500		Includes breakfast daily, Yoga & meditation twice daily x 4 Traditional style Japanese Tatami rooms Shared facilities
7 Nights / 8 Days	¥94000	¥106000	¥1030000		Includes breakfast daily, Yoga & meditation twice daily x 6 Traditional style Japanese Tatami rooms Shared facilities

PROPERTY CENTRAL SELF-CONTAINED APARTMENTS	QUAD SHARE PER PERSON 2 BEDROOM	SIX SHARE PER PERSON 3 BEDROOM	INCLUSIONS
3 Nights / 4 Days	¥45000	¥43000	Yoga & meditation twice daily x 2 Fully self-contained apartment with western bedding and private facilities
5 Nights / 6 Days	¥74000	¥71000	Yoga & meditation twice daily x 4 Fully self-contained apartment with western bedding and private facilities
7 Nights / 8 Days	¥103000	¥99000	Yoga & meditation twice daily x 6 Fully self-contained apartment with western bedding and private facilities